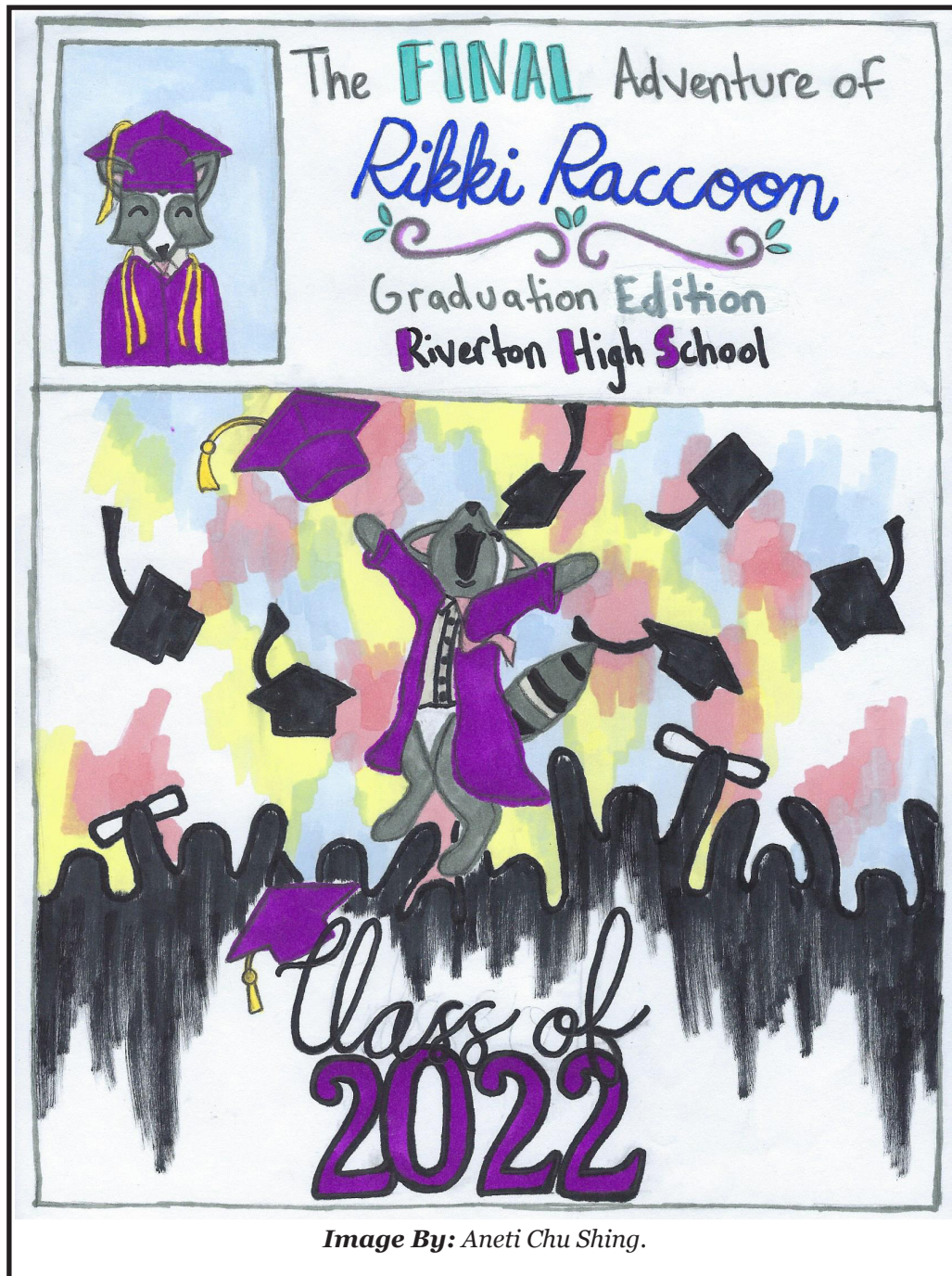


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Image By: Aneti Chu Shing.

Editors: Alyssa Brown, Ana Christensen, Annali Christensen, Aneti Chu Shing, Jillian Chuon, Kamryn Harmon, Alese Loevlie, Liliya McDaniel, Autumn Popp, Ocean Shaw, Angel Sholtis, Kaison Tran, Ty Tsosie, Alli Weedon, Truman Wheeler, and Gage White.

2 Student News

Reconnecting With Dance Company

by Alli Weedon

This spring, Dance Company gave students a chance to reconnect with each other through their final performances on April 7th and 8th. Throughout the performance, dancers reflected on memories and their past year with the Dance Company and gave their seniors a proper send off.

Throughout the show, the girls performed routines choreographed by several of the different dancers like: Amen by Brooklyn Moore, Pressure by Raynee Larkin, Freedom to Fly by Krissie Edwards, The One by Jerzie Max-



Dance Company performing a routine during their concert Reconnect. Photos by Ali Weedon



field, and Rush by Kate Olsen. While watching these different performances, you can really tell a lot of time, passion, and emotion was put into the creation of these dances. You can also see the strong connection between the girls within the group. "I didn't really know the impact that all of the girls would be, and the friendships that I made, and how far that would go after high school" (Ellie Mortensen, grade 12).

Members of the group also talked about the impact of being in Dance Company and how they've matured and learned how to be better people. Any kids that were in the audience that night definitely saw how much fun Dance Company is, and hopefully feel inspired to audition for the group

The Mystery of Edwin Drood was a Great Feat!

By: Annali Christensen

The Mystery of Edwin Drood is one of the most interesting musicals ever to be performed by Riverton High School's MDT team.

It is so interesting because it is based on a mystery novel, by the beloved Charles Dickens, that Dickens never actually completed the writing of before he passed away. A man named Rupert Holmes took this opportunity to heart by making it into this remarkable musical, and finishing the story in place of Dickens, but not in the way you would expect.

When Holmes crafted this musical, he attempted to fill in for Dickens in the creation of an ending. He created eight possible endings, among other twists leading

up to it, that would be determined by the audience of the show. The murderer in this detailed mystery was selected to be different by the audience in every showing of our MDT's performances. This means that they had prepared eight different endings to this show, and used four different endings on stage. This required a lot of practice, and resilience from our MDT team.

The MDT students portrayed incredible skill in their performances of Edwin Drood. A senior here at Riverton High, who wishes to remain anonymous, stated "It was so entertaining, and I decided to attend twice. I loved being a part of the show in a way by choosing who I thought the murderer was." It was well loved by the student body and community.

This show is not particularly



The Mystery of Edwin Drood cast pose together for a photo!

Photo by: Brackstyn Whitlock

easy to perform well. Kylie Hallett commented saying "We really just had to be prepared for anything, and constantly on our toes. It also involved a good deal of improv." These performers are well deserving of a large round of applause and a standing ovation for taking a difficult and inconsistent musical and pulling it off as a smashing success. Well done MDT, and thank you for your hard work.

Student News 3

Riverton Students Campaign for Student government

By Alese Loevlie

During the month of April, Riverton High students elected the Student Body and Class Officers for next year. The elected SBO's are Skyler Anderson, Rachel Lund, Brian Pressler, Trey West, Autumn Wood. Rylan Simister elected for Technology, Audrey Driggs as Artist, and Sydney Martin as Historian.

During an interview with SBO, Skyler Anderson, he states he is most excited "For Silver Rush, meeting new people and befriending them." Skyler strives to make everyone feel included and that they have a place here at Riverton High.

The elected sophomore class officers for next year are Dallin Stephens, Kaya Monson, Alli Sorenson, and Lydia Cannon. Kaya Monson was interviewed and during it she states that she "Wants to make next year a year to remember." She also notes that she "Is excited to make more friends and meet new people."

The elected junior class officers for next year are Drew Watson, Brian Scott, Ivory Taylor, and Jack Glenn. During an interview with Ivory Taylor, she mentioned that she "Wants to give more recognition to clubs and teams." She also stated that she wants "To make everyone feel like Riverton is home and everyone to be comfortable there."

The students who are elected for the senior class officers are

Ella Gillespie, Madi Sorenson, Logan Bryant, Parker Richards.

After interviewing all of the Student Body and Class Officers for next year, it is in agreement that they all want to get to know their fellow Riverton students and classmates and they want everyone to feel comfortable and included.



Photo By: Jillian Chuon
Student Body Officer candidates answer questions during panel
Skyler Anderson, Ella Gillespie, Rachel Lund

Silverwolf Day of Service gives our campus a new look!

By: Annali Christensen

Riverton students are renowned for being service oriented and driven to do good. Amidst all of our outreach, we sometimes need to provide aid on our own campus! This happens twice a year through the Silverwolf Day of Service. The Silverwolf Day of Service is run by our administration, and gives students a chance to give back to our school.

On April ninth a large group of students showed up bright and early to service the school by clearing the campus grounds of all trash and enhancing the overall cleanliness of our Riverton campus.

We have such a wonderful school, and so much happens every pass-

ing day on our grounds. In all this, the grounds can attract a lot of trash. So, it is important for us to take the chance to clean it up.

It is good for our school, but great



Tessa Graham holds a messy sock she found whilst cleaning the grounds!

Photo by: Annali Christensen

for the participants as well! Silverwolf Day of Service participants are rewarded removal of no grade marks on their transcript, points to go towards the Silver Wolf Medallion, and most importantly all who come leave with a greater sense of pride for our school!

Though picking up trash is not by any means the most exciting thing to do when you could be sleeping in on a weekend, coming together with your friends can make it so fun and memorable.

One group involved in the clean-up was having a silly competition to find the craziest thing to clean up, and the winner was a messy sock that was lost by a student.

Silver wolf day of service is an important, and heartwarming opportunity students have to say thank you to the school that is consistently doing so much good for others.

4

SPORTS

RHS Softball Team Steals Another Win This Season

By Alese Loevlie

The Riverton High Softball team deserves praise for the season they have been playing. They have a percentage of 95% wins and placed 1st in the 6A Region 3! Senior player, Chloe Woods, says this great season comes from the "team grinding down and focusing on not being complacent." The team will not be satisfied because they know they can always push themselves harder and do better.

The RHS softball team has not only won a lot of their games so far but also has a passion for softball and great sportsmanship. The team con-

tinued with their great winning scores when they won their May 4th game against Skyridge with a score of 12-7, Copper Hills on May 3rd with a score of 11-1, and the game on April 28th against Bingham with an ending of 11-1.

The winning streak doesn't satisfy the team because their goal isn't to be flashy. According to Chloe Woods, the team will "Focus this year on leaving the legacy of having the impact you leave on your team and your teammates." This has already started as many players will leave this season with great memories and life-long relationships. The girls all support each other and build each other up. This is part of the key to why the team is doing so great.

Woods states that "We have a great group of girls that have one another's back that has created a great foundation for our team." This shows throughout the season in both varsity and JV when the teams come together and communicate.



Riverton High Softball Team poses and shows off their Region Championship trophy.
Photo Courtesy of: @rivertonsoftball on instagram.

Girls Golf Competing this Year

By Jill Chuon

This year our Girls golf team has been killing it! Every tournament our girls have placed second but one. The one exception was when we placed first!

They have been practicing hard and it has been paying off. Our Riverton team is doing really well.

"I loved being on the golf team because it's basically just a little family. I love every single one of the girls I played with and their constant positive attitudes!" says Melia Weiss, a

senior varsity player on the team. While golf is an individual sport there is still an amazing support system and way for girls to get closer together.

If you ever thought of playing golf I definitely suggest trying out! The team is so nice and is full of very talented girls.



Left: The Riverton high girls golf team prepares for their next game.

Right: Photo courtesy of Steven Nyhus Abby curtis from the golf team smiles during a game.

Photos courtesy of Steven Nyhus



Wind, Rain, or Snow... Running We Will Go.

By: Aneti Chu Shing

Ready. Set... And they're off! Whether it be the 100m, mile, jumps, throws, pole vaulting, or hurdles, our RHS Track and Field team is always ready to go. No wind, rain, intense heat, long practice, or early morning is going to stop them from reaching the finish line fastest, throwing the furthest, or jumping the highest.

Everyday, from roughly 3pm-5pm, students of all different ages, body types, skill levels, and walks of life can be found out on the track pushing and working themselves to be the best track athletes that they can be. Abby Coleman, a senior sprinter and jumper, says "If I don't put in the time and effort, I can't improve as much as I know I can," and that is true of all of the track and field athletes.

"Persistence is key," says Natalie Hansen, a senior vari-

ety sprinter and jumper. Track and field is not an easy sport. "Running is something where attitude is everything. If you go into it with a bad attitude and don't give it your all, it won't be a good time. If you go into it and give 100% effort and have fun, it's amazing!" was Dani Newbold, a senior distance runner's response when asked if she had any advice for current and future athletes.

Although track meets are very, very long, they are a good way to show off all of the athletes' hard work and dedication, and help them prove to themselves that what they are doing is worth it. Plus, meets are just a good excuse to spend five extra hours with your team and some of your best friends, and to meet new people from other schools in a place where you can all bond over blood, sweat, and tears. "It will not be easy, but it will be so worth it in the end because you will learn that hard work and determination brings great results. Consistency and daily habits make a better runner so be prepared to do the little things ev-

ery day to better yourself and others around you." says Anna Stewart, a sophomore distance runner.

As track and field athletes begin to grow closer, train longer, sweat harder, run faster, throw further, jump better, vault higher and give it everything they have, they not only improve as a team and in their individual events, but they improve themselves as well. It takes a special kind of person to fall in love with the pain of improvement and push yourself to be the best you can possibly be in every way. No track athlete will ever tell you they regret joining the team. Charlotte Mills, a sophomore who recently joined the team this year says that "track is really something amazing. It's a good environment where everyone is encouraging and I MEAN THAT. I love being with my friends and having a feeling of inclusiveness. When I am with my team, I feel like I am cared about and have a place where I truly belong."



Picture courtesy of Elise Schroeder. Riverton track team members striving to represent our school at a home meet.

6 FAREWELL

Senior Favourites

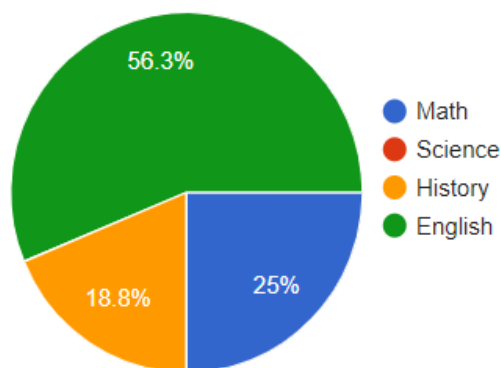
by Alli Weedon

When people first start high school it can be quite intimidating. The school is huge, there's four times the amount of people than you're used to, and there are so many new teachers and classes to learn about. By the time someone graduates though, they know the school better than the back of their hand and they have three years of memories that will last a lifetime. Before our seniors go at the end of this year, we asked them to share some of their wisdom they have acquired over their years in school, so here are some of their favourite teachers, classes, and memories from their time at Riverton High:

Teachers

Henriksen
Thompson
Ramjoue
Weimer
Allred
Jessee
Griffiths
Pecorelli
Maxfield
Riley-Hansen

What was your favourite general required course?



Classes

Music: Choir, Orchestra, Band
Ballroom
Creative Writing
Photography
Aerobics
Sociology
Yearbook
Ceramics
Peer Tutoring
Cheer

Favourite Memories

“Silverrush!”

“My most memorable moments have been opening the yearbooks for the past three years with the yearbook staff and seeing all of our hard work!”

“When the lights went off in the middle of an Orchestra Concert and the people who were not performing onstage held their flash-lights for the people performing.”

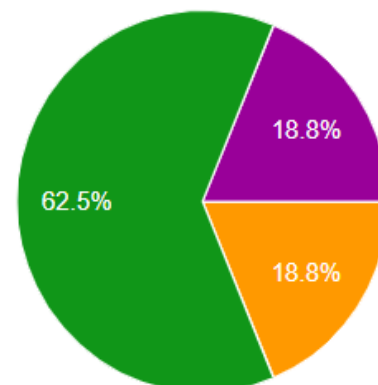
“Hitting our routine at cheerleading nationals.”

“Taking foods 1 with friends.”

“Prom junior year, being able to have school dances back was awesome.”

How would you rate your experience in high school
1(worst) to 5(best)?

● 1 ● 2 ● 3 ● 4 ● 5



Images by Alli Weedon

FAREWELL 7

Words from Class of '22

By: Autumn Popp

Saying goodbye to the senior class is always hard. RHS Seniors say they'll miss the Riverton High spirit, but won't miss the homework. As a parting gift, they have left us with some words of wisdom that will help get us through the rest of high school.

Ana Christensen and Claire Raubenheimer say you 100% can't miss Silver Rush as it is a great opportunity to make memories. Claire Raubenheimer states that "These experiences can really make your entire high school career. It's so so fun." Our very own SBO president, Dylan Elliott said, "You 100% can not miss, specifically for Riverton, the silver rush closing assembly. You can see love, kindness, and giving, filling up the entire gym and spilling out the sides." Silver Rush is something very important to our school. I doubt any senior would disagree with these statements. Beyond Silver Rush, some seniors also credit their treasured high school memories to... Spirit bowl- Emma Nelson, Football games- Miguel Dominguez, and MDT- Evan

Clark.

"My favorite high school experience by far I think has been meeting all of my closest friends." -Claire Raubenheimer. Ana Christensen also credits her fondest high school memories to the friends she's made. "I love my family, but friends make highschool tolerable and fun!" "Being independent is cool and all, but sometimes all you need are some good friends who you click with. Even having a few good friends to go to school activities with, can make the event that much better of an experience." - Emma Neilson.

The class of 2022 say that high school itself is something you can look forward to; "I think high schoolers should just look forward to activities and events outside of the classroom that make high school remarkable, unique, and enjoyable. Dances, lunch-time activities, dress up weeks, and just walking through the halls bring a great energy and create a remarkable environment that makes high school, high school." -Dylan Elliot. "SILVER RUSH!!!! Silver Rush is so magical. Not only is it for an amazing cause, it's so much fun to get involved and go to

all the fun activities. I absolutely love silver rush and it is definitely something I'll never forget." -Emma Nelson "Honestly I would have to say graduating is something to look forward to. Sometimes I get so wrapped up in what is going on now I forget about looking forward to what comes after." -Claire Raubenheimer.

The class of '22 has some last words, some advice for future students before they head off into the world. "GET INVOLVED!! Go to games, participate in dress up themes, go to the dances!! Seriously, getting involved makes high school so much fun. And don't be afraid to be yourself. Everyone is worried about themselves so just do you! Be yourself, get involved, and BE HYPE!!" -Emma Nelson. "Other advice I'd give is- You'll learn through the process and the lack of advice you get and feel. Allow yourself to learn and grow." - Dylan Elliot.

The class of 2022 agrees that these few years are a fun time. You only get one chance at highschool. Don't waste it. Take advantage of it, of life. Life will piece itself together. Live fully, regret nothing.

Gratitude

By: Ana Christensen

I've never had a friend like you, to stand with side by side. It's with you that I would follow through the darkest of nights. When I'm at my lowest you're there beside me, helping me to my feet. No matter what I do, I can't seem to find the right words to say to you. All my gratitude for you still welled up inside of me, not being able to leave my mouth. When I finally voice my gratitude, will it be too late? Will you be gone and I to dust? Only time will tell, but I promi-



Thank you to all of the seniors for making these years at Riverton awesome!

se with my entire body and soul; The world will know of my gratitude, and in it I will give a whisper. One that only you can hear. For it is you. You are my world. And for you, and only you, will I show my gratitude.

Hello, Goodbye

By: Ana Christensen

Hello Silver Wolves! This will be the last time you see my name, so I thought I would end the year with one of my poems. I was inspired to write this poem because I am very grateful that I was able to go to Riverton High and be on Silver Scribe.

It's been so fun to see all of your poems and I absolutely loved being able to put your creative work into a newspaper that everyone was able to read and enjoy.

Go Silver Wolves!

8 FEATURES

Riverton High School: Home of Scholars and Champions

By: Liliya McDaniel

Riverton High School is home to many determined, hardworking, and caring students. Fourteen students were chosen to be 2021-2022 This year some of them went further than we've gone before!

These fourteen students all accomplished in their respective subjects. School, Region, and State are the three rounds in which Sterling Scholars compete. Ethan Donahey (Math) and Annali Christensen (Skilled and Technical Science Education) made it to the State round. Jocelyn Ducourant (Visual Arts) was a State finalist and the runner-up.

Madelyn Davis plans to get a degree in Entrepreneurship or Business Management. Madelyn's biggest takeaway from being a Sterling Scholar is that she was able to look back and reflect on her life. During the Sterling Scholar experience, she loved to spend time with other people who were "driven, kind, and passionate about excellence." Advice for students who want to apply for Sterling Scholar is to get things in on time and don't be afraid to ask for help right away. Madelyn also stated that "you are more qualified than you think so. Be confident in what you write, do, and say!"

Riverton also had nine Region finalists. Those nine include Madelyn Davis (English), Iann Silva (Social Science), Max

Larsen (Science), Adelina Trionfo (Computer Tech), Cade Cooper (Business and Marketing), Nadia Luker (Family and Consumer Science), Robert Wilde (Vocal Performance), Jerzie Maxfield (Dance), and Sarah Stout (Instrumental). (Instrumental)

Nadia Luker developed a love for FACS during her classes. Those classes have ranged from food classes, such as ProStart and Culinary Arts, to child development classes and FHS 2400 and 1500. Nadia loves those classes so much that she plans to get her degree in FACS education at BYU and become a FACS teacher. She wishes that she had known how much work Sterling Scholar is before applying.

She reflects on the process, "It is a lot of who I am and who I want to be come. It was hard, but it was 100% worth every second."

Kyle Hansen (World Languages) and Avery Empey (Speech/Theater) were both School finalists. Avery's mom said it was a good idea to apply. Drama is something that Avery wants to keep doing for fun because it brings joy. Avery's biggest takeaway is, "It was stressful but turned out to be a bigger deal than I thought." Mr. Ramjoue was a lifesaver to all the Sterling Scholars and helped them out every step along the way.

Everyone here at RHS is super proud of these fourteen students. We could not have picked better people to represent RHS and all it has to offer.



*Congratulations to the 2021-2022 Riverton Sterling Scholars!
Photo Courtesy of Eliza Hinton*

FEATURES 9

Ms. Johnson Teacher Feature

By: Ty Tsosie

Ms. Johnson has been a very much admired science teacher for 3 years now. It's very sad to say that she is leaving RHS to go work at the District to be a science specialist.

Ms. Johnson has taught biology and wildlife for 2 years and this is her first year teaching zoology. Before she came to RHS, she taught 7th graders for 3 years at South Hills Middle School.

She became a teacher because her mom was a teacher. When Ms. Johnson was in high school, she got to see her mom go through school to become a teacher. On her mom's journey to becoming a teacher, she was excited and she loved it. Another reason why she became a teacher is because in high school she loved biology and she still does now. Also a college friend of hers didn't like biology, so she tutored him, and

that is when Ms. Johnson decided that she should teach biology.

Ms. Johnson likes to teach biology because of the experiments that bring them together - that they get to interact with each other. Also because she is also able to learn new things right beside the students.

She likes how we as students make goofy decisions in life. She cares about her students and she is also here for the support of students.

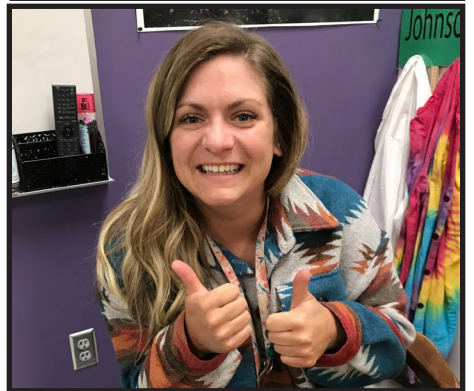
When her lesson plans go as planned and she doesn't really get off topic is when it's a good day for her. She tells us that learning with her students is also a good day for her.

If Ms. Johnson was to enroll into a class even for a day, it would be history. But to be honest, she would enroll into any other class because she likes to learn new things. She hears about the other things that the other teachers teach and it fascinates her by what they say.

Ms. Johnson loved working here at RHS as a teacher. She loved how she was able to get to know

some of her students. She loved how she was able to transition from teaching 7th graders to high school students. She loved the culture, activities, and the drive that the students have. So she will miss the students, faculty, and the friends that she made here at RHS.

"Don't take yourself so seriously but also work hard on the important things." Those are some words of wisdom that Ms. Johnson would love to leave behind for the students here at RHS.



Ms. Johnson poses for with a bright smile
Photo By: Ty Tsosie

Mr. Henriksen Teacher Feature

By: Ty Tsosie

Mr. Henriksen, who is a language arts teacher here at RHS, has taught here for 11 years.

He was interested in becoming a teacher ever since he was in elementary school, and he even wanted to become a college professor. So teaching was his dream.

He never got to teach an elementary school and at this point he would never want to teach an elementary class. High school is the level that he is okay with teaching because he is able to teach college level courses.

Mr. Henriksen had teachers who inspired him. He also hopes to be an inspiration for someone else.

He likes teaching students but Mr.



Mr. Henriksen poses for his feature in the newspaper

Photo by: Ty Tsosie

Henriksen also likes what he does, which is teaching Language Arts. He likes it when students are encouraged to do their own work. Like when the students are awake and ready to learn and talk with one another is something

that makes a good day for him.

Mr. Henriksen encourages students to do different or difficult tasks. It's "healthy to be afraid from time to time", is what Mr. Henriksen said if he was able to enroll into a class, even for a day. If Mr. Henriksen was to enroll into a class, it would be Mr. Ramjoue's. Ramjoue is an English teacher here.

"We only have a limited amount of time. How we spend that matters and what we choose to spend that time on is incredibly important. If we spend it on trash, we become trash. If we spend it on something worthwhile, we become something worthwhile." -Mr. Henriksen

Those are the words of wisdom that Mr. Henriksen has given to the students here at RHS.

10 STUDENT LIFE

You've Been Clubbed!

By: Liliya McDaniel

Get ready for next school year! It may seem premature to be figuring out how to get involved in the 2022-2023 school year, but it is never too soon to figure out the clubs you want to be part of! The students at RHS are all very lucky to be part of a school that offers many awesome communities.

One club, led by Jillian Brady, a Sophomore, is creative writing. This club meets every Wednesday from 2:30-3:30 in Ms. Edward's room. You will meet new people who love being creative and writing like you during this time. Some days, you will participate in fun, thought-provoking activities, while on others, you will get all your ideas down on paper. This is a fun, stress-free place just to hang out and laugh; if this sounds like the place for you, sign up next year.

A club that may not be well known is the bowling club. Ms. Whitham is the advisor for this club. This is a winter sport, meaning the main tournament is through February and smaller tournaments in September. The bowling team meets in Sandy at the All-Star Lanes. This is a great place to have fun.

Ms. Whitham is not only the advisor of the Bowling Club but also the Astronomy Club. Because of some conflicts this year, the Astronomy Club has been on hiatus. Next year, it will be back to its normal schedule, meeting after pack time on Fridays. Ms. Whitham describes the club as "a hangout to talk about space stuff." You will meet and get to know other peers who share the same love for space as you do!

Another club that always has

the most imaginative environment is Dungeons and Dragons. Dungeons and Dragons is a fantasy role-playing game about storytelling, becoming a character you create and going on fun adventures with friends. Mr. Pettus, the advisor, is always willing to help and makes sure everybody is having a great time.

These are just a few clubs offered here at RHS! Riverton has a great range of places for students to find a place to be themselves and feel comfortable.



Picture By: Liliya McDaniel
Students battle it out in the game of
Dungeons and Dragons.

How to Graduate as a Junior

By Ocean Shaw

Graduating as a junior is actually fairly easy. The only subject that requires 4 credits of high school classes is Language Arts, so with proper planning, the final year of high school is rendered unnecessary for those who feel ready to move on.

All in all, Riverton High School only requires a total of 27 credits to graduate. Divided by 3 years, that's 9 credits a year, less if summer semesters are included. Other schools may have different requirements, and possibly demand fewer credits.

Furthermore, 8 of those credits are reserved for general electives, so fun classes aren't out of the

question. As far as Language Arts classes are concerned, summer courses aren't necessary if the school counselors are willing to work with you. If not, looking into online schools is worth a shot.

HOWEVER, this path is not for everyone. Most people prefer to spend all four years at high school, and that's perfectly normal and expected. High school is fun, friend-filled, and a great way to prepare for college. Wanting to make the most of it is a good thing, especially considering that in this district, only three years are spent at RHS.

This article is for those who feel that three years of high school, starting with ninth grade, and including two years of RHS, are enough for them. They are ready to start college and leave the house.

Whether you want to graduate early or not, knowing your options is useful. Using it to plan accordingly is helpful and can save time, even making room for classes that might've seemed impossible before.



Photo by Autumn Popp
Carter Allred proudly wears his
graduation cap.

STUDENT LIFE 11

Summer Suggestions

By: Alyssa Brown

Summer for many students is either a time of relaxation or a time of chaos. If you are still unsure about how you want to spend your summer, here are a few suggestions to make it a blast.

Swimming is a great way to enjoy the hot weather while outside. If you want to go to the lake, but don't have access to a boat, pack a picnic and spend the day swimming and exploring around the lake. If you end up going to the pool instead, see who can do the coolest trick off the diving board. Create a water party for your friends or family if you don't have access to a pool. Break out the water guns and buckets for a big water fight.

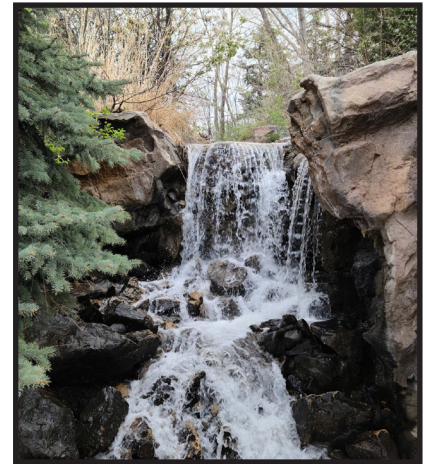
For the people who want a summer full of adventure, try taking a day trip to Southern Utah. Drive down, spend the day there hiking and exploring, and drive back in the evening. Bring a bunch of snacks for the car ride, and definitely let your parents know where you're headed. For those who prefer to stay closer to home, head to Thanksgiving point, Timpanogos cave, or any of the various hikes located around the valley. If you don't have a car, invite a bunch of friends over to try weird foods. Have you ever tried crickets or escargot? See who has the strongest stomach in your group.

If you like to spend Summer relaxing after a hectic year, plan a movie marathon, or finally get around to reading that book series you've been dying to read. You can take the summer as a chance to learn a new skill like baking cupcakes, or finally learn that language you always wanted to speak. If you are determined to relax, but don't want to quarantine, go hike down the river trail or walk around the park. Bring a book on tape or music to listen to, or just enjoy spending time in nature.

Here are a few ideas for group activities for those who are more outgoing and social. If you love the outdoors, invite a bunch of people and spend the day hiking up the canyons. If you prefer time spent in the city, plan a day Downtown and go window shopping. Or if you would rather stay close to home, head to the park or someone's backyard and learn a new game. You can learn a new sport, or get a bunch of friends together to play a favorite game. Invite a bunch of people and host a friendly tournament.

There are plenty of activities to do if you are trying to have fun without spending money. There are various hikes, bike trails, and parks to travel without spending money. If you prefer indoors, invite a bunch of friends over to learn how to draw something new, or cook a new recipe. See if you can master a new skill by the time school starts up again.

Take a walk and explore the scenery at the gardens, and the various other locations and events down at Thanksgiving Point.



Thanksgiving Point is a wonderful place to visit beautiful landscapes like waterfalls
Photo by Alyssa Brown

Dear Sylvester,
I have bad grades,
Lily

Dear Lily,

Don't be discouraged. Next year is a new year. If you want to get a higher grade in your classes, do your homework. It is tedious, but it will help you in the end. Prioritize your homework, and it will make the end of quarter less stressful for you. If this is already a habit for you, try to buddy up on assignments. It will be double the fun, and you will receive input and help on assignments. And above all, don't be too hard on yourself. If you are feeling overwhelmed, try to set small goals for yourself each week. You got this!

Sylvester

Dear Sylvester,
How do I accept the fact that I have to grow up in 2 months?
Confused

Dear Confused,
If you are feeling stressed about growing up, set goals each week. By setting goals, you will have a better idea of what needs to be accomplished each week. This will help you stay on top of priorities, which is an essential skill for you to have as an adult. Most importantly, save time to enjoy life. You can be responsible and still have fun.

Sylvester

Binary Bathrooms Are Just... Bad

By Ocean Shaw

Most students don't have to worry about using the "right" bathroom at school. For those of us who don't identify with our assigned gender, however, we'd often rather risk dehydrating ourselves than use a public potty.

Entering into the split, binary restroom risks further bullying, harassment, and even a trip to the administrative office. Complying to the policy preludes misgendering, whether external or internal. Avoiding this leads to extreme reactions, which can lead to legal guardians being contacted, which could end in abuse or homelessness. Either way, it increases transphobia and bullying in the school.

The problem grows with the realization that not everyone fits into the gender binary. Non-binary students have even further issues with using the school's water closets, being forced to choose when neither describes them. This reinforces not just transphobia, but specifically discrimination against those who don't fit into the gender binary.

Adding unisex facilities would not only make students feel safer, but decrease dysphoria, thus decreasing the rate of teenage suicides. Unfortunately, due to both state and district politics, the chance of this change is little without the support of the community.



Photo: School Bathroom Being a Bathroom

Photo by: Gage White

To All the ones who didn't

By: Autumn Popp

To all the ones who didn't....

Make the team, get the date, get elected, get asked to the dance...

To the ones who sat alone at lunch, didn't have weekend plans, felt invisible at any point.

I'm sorry.

It mattered to you & your feelings are valid. Highschool only happens once and I'm here to tell you, dear reader, that you are much bigger than all of what happens within those years. This is your life and you only get one. It is your responsibility to live life as fully as possible. Live it with character, passion, and love. Live with the intention of being able to tell your stories to the next generation. Don't give others the satisfaction of telling you who you are or aren't. You are too powerful to let others persuade you of what your value is.

Yes, High School might not have been the best run, but you've still got the rest of your life to look forward to. So don't stress too much and have fun with the one life you get.